

# Dare to Lead

**Duration:** 24.00 hours (3 days)

**19.5 CPD Hours**

**Rating:** ★ 4.6 (5,878 reviews)

## Course Information

**Delivery Format:** Instructor Led - Online

## Course Overview

This workshop is all about your own leadership self-awareness, identifying your call to courage as a leader and the learning, practice and integration of the four courage skills sets so you can show up authentically in life and leadership. Dare to Lead is the ultimate playbook for developing brave leaders and courageous cultures. The greatest barrier to daring leadership is not fear; the greatest obstacle is armor how we self-protect when we feel uncertainty, risk and emotional exposure. Learn the skills to move from armored leadership to daring leadership. Daring leaders are self-aware, know how to have hard conversations, hold themselves and others accountable, build trust, lead with empathy and connection, take smart risks that lead to innovation, reset quickly after disappointments and setbacks, and give and receive feedback. This interactive curriculum is delivered in five, half-day sessions and is based on the research by Bren®® Brown. This course comes with a PDF workbook and an Amazon gift card to purchase the Dare to Lead book in the version of your choice. You also have access to a series of leadership and personal development assessments and exclusive training videos led by Dr. Bren®® Brown. At the end of the event, a digital badge is awarded to those who complete 24 hours of course content.

## About This Course

This workshop is all about your own leadership self-awareness, identifying your call to courage as a leader and the learning, practice and integration of the four courage skills sets so you can show up authentically in life and leadership. Dare to Lead is the ultimate playbook for developing brave leaders and courageous cultures. The greatest barrier to daring leadership is not fear; the greatest obstacle is armor how we self-protect when we feel uncertainty, risk and emotional exposure. Learn the skills to move from armored leadership to daring leadership. Daring leaders are self-aware, know how to have hard conversations, hold themselves and others accountable, build trust, lead with empathy and connection, take smart risks that lead to innovation, reset quickly after disappointments and setbacks, and give and receive feedback. This interactive curriculum is delivered in five, half-day sessions and is based on the research by Bren®® Brown. This course comes with a PDF workbook and an Amazon gift card to purchase the Dare to Lead book in the version of your choice. You also have access to a series of leadership and personal development assessments and exclusive training videos led by Dr. Bren®® Brown. At the end of the event, a digital badge is awarded to those who complete 24 hours of course content.

## **Who Should Attend**

Team leaders, managers, executives, and other business and IT professionals who lead others as well as Individual contributors ready for transformational self-development as a leader.

# Learning Outcomes

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## **Upon successful completion of this course, participants will be able to:**

Recognize vulnerability as the emotion we feel during times of uncertainty, risk, and emotional exposure.

Explain why courage requires vulnerability.

Establish a link between what I learned and behaviors I want to change.

Recognize the critical role that self-awareness plays in daring leadership.

Give examples to support how armor - not fear - is the greatest obstacle to daring leadership.

Identify the four skill sets that make up courage: rumbling with vulnerability, living into our values, BRAVING trust, and learning to rise.

Recognize that courage is a collection of four skill sets that are measurable, observable, and teachable.

Recognize that vulnerability is the birthplace of many of the behaviors that define daring leadership, including creativity, accountability, and difficult conversations.

Give examples of why daring leadership requires showing up for hard conversations and rumbles, including giving and receiving feedback.

## Additional Course Details

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Nexus Humans Dare to Lead training program is a workshop that presents an invigorating mix of sessions, lessons, and masterclasses meticulously crafted to propel your learning expedition forward.

This immersive bootcamp-style experience boasts interactive lectures, hands-on labs, and collaborative hackathons, all strategically designed to fortify fundamental concepts.

Guided by seasoned coaches, each session offers priceless insights and practical skills crucial for honing your expertise. Whether you're stepping into the realm of professional skills or a seasoned professional, this comprehensive course ensures you're equipped with the knowledge and prowess necessary for success.

While we feel this is the best course for the Dare to Lead course and one of our Top 10 we encourage you to read the course outline to make sure it is the right content for you.

Additionally, private sessions, closed classes or dedicated events are available both live online and at our training centres in Dublin and London, as well as at your offices anywhere in the UK, Ireland or across EMEA.

# Frequently Asked Questions

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## **Q: What delivery options are available for Dare to Lead?**

We offer multiple delivery formats:

- Live Instructor-Led Classroom Online (Virtual/Live Online)
  - Traditional Instructor-Led Classroom Training (ILT)
  - On-site delivery at your offices anywhere in United Kingdom
  - Private dedicated courses customized for your team
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## **Q: How many CPD hours does this course provide?**

The 3-day Dare to Lead course provides up to 19.5 CPD hours of structured learning. CPD certificates can be provided upon request.

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## **Q: What is the duration of the Dare to Lead training?**

The training takes place over 3 day(s), with each day lasting approximately 24.00 hours including breaks for lunch and refreshments.

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## **Q: Do you provide corporate training for Dare to Lead?**

Yes, we provide corporate training, dedicated training, and closed classes for Dare to Lead. Training can take place anywhere in United Kingdom including London, Manchester, Birmingham, Edinburgh, or live online allowing teams from across United Kingdom or internationally to attend.

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## **Q: Why choose Nexus Human for Dare to Lead?**

Nexus Human is recognized as one of the leading training providers. Our trainers have won multiple awards including:

- Small Firms Best Trainer Award
  - National Training Partner of the Year (Ireland) - Multiple Years
  - Global Top 30 Instructor Awards (2012, 2019, 2021)
  - Tech Excellence Award Nominations
  - Learning Performance Institute (LPI) External Training Provider Sponsor 2024
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## Q: Are there any discount codes available?

Yes! Use discount code **PENPALS** when booking your Dare to Lead training. Please note that only one discount code can be used per booking and cannot be combined with other special offers.

# Nexus Human

## Professional Training & Development

 Email: [info@nexushuman.com](mailto:info@nexushuman.com)

 Website: [www.nexushuman.com](http://www.nexushuman.com)

 Phone: +353 1 XXX XXXX (Ireland) | +44 20 XXXX XXXX (UK)

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